

From the Nest

2009-2010

Eagle Athletic
and Art News

Cross Country Team Will Practice at Overbrook—this Thursday, September 3, at 6:00 p.m. We need to run the actual course! The team always likes to make it over to Overbrook before the first race, but this year, due to drastic changes in the course direction, it is vital that runners make it to this practice. The team will also visit Overbrook again next Thursday, September 10, at 6:00 p.m. **Note:** *these evening practices take the place of the regular after-school practices on those days. Also---after arriving to Dominican Campus (Overbrook), remain on main drive, keep straight, all the way back to the rear tennis courts, past Aquinas.* The Varsity team met early this past Sunday morning to run the course, led by dedicated and enthusiastic coach, Jane Salem (mom of Catrin and Anika) . . . Jane is an incredible runner, with more than 20 marathons under her belt, and the older runners are benefiting from her valuable course experience. *All of our coaches are working hard to support and lead our runners to success on our first race Sunday, September 13. Please make plans to attend the meet---it is quite an event. And the best part of this new running season? Because of the course change, we are tossing out old times---everyone is starting with a clean slate---who will lead the pack?*

Jr. Volleyball Off to a Great Start---There are nine 5th/6th Grade girls on the team this season, with Coaches Lee and Dena Rutledge (Kate's parents) and our own Kasey Wiley leading the way. New this season? The Diocesan Athletic Council voted to change the no score-keeping policy of years past. Though still instructional in nature, there will be an official at every game. No worries---this is a dynamic bunch: Ashley Catignani, Neva Duckworth, Olivia Halliburton, Grace Heller, Hannah May, Anne Marie Neal, Kate Rutledge, Abigail Robertson, and Reid Vinett. GO EAGLES!

Productive (And Exhaustive) Cheer Camp Paves the Way for Routine—

Our girls have been working hard, including a day-long camp last Saturday with professional cheer coach, Ashley, a former Titans and Kats cheerleader, who has worked with Eagle cheer teams for the past four seasons. *There was time for a much-needed lunch break---thanks to cheer moms Mary Hardin and Anne Pringle for bringing in lunch for the squad and to dad Brian Diller, who treated the girls to ice cream after practice. According to Coach Denese Farmer (Kelsey's mom), at this point, Fr. Breen's advice is in place: practice, practice, practice!*

Football Results: 5th/6th Raider team---lost by 2 to St. Rose (dang it!); Christ the King (Raider) Varsity defeated St. Rose, with our own Cuong Nguyen scoring a TD (cool!)

Note: SMS/SBA Team (with Mason Drury) vs. CKS (Raider) this Thursday evening at Father Ryan, 6:30 p.m.